

# make theatre with ...

Pepa Duarte



**Aged 18-30?**

**Live in or around Hackney?**

**Interested in performing, devising & storytelling?**

**Join multi-disciplinary actor, theatre-maker and drama facilitator Pepa Duarte for a FREE theatre-making workshop programme.**

Over the course of four Saturdays (three 3-hour sessions and one all-day workshop), you'll explore different theatre practices and learn new skills and techniques to add to your theatre-making toolbox.

This workshop programme is part of a series titled **Make theatre with ...** and each programme is designed in conversation with an industry professional with the aim to offer different perspectives and approaches to making theatre – no programme is ever the same!

Applications are considered on a first come, first served basis until the workshop programme is full, so don't delay, **apply now!**

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## the programme

### The Three-Circle Method for Theatre Ideas

Taking improvisation skills as a starting point, you'll explore how to propose big, bold ideas while listening to others and drawing inspiration from them.

Moving between writing on the page to writing in the space, you'll have the chance to explore different ways to identify rich and complex ideas, and try them in the space.

Over the course of four practical workshops, you'll explore making theatre with a playful and truthful approach, combining different devising techniques whilst taking risks, in ways that feel safe and prioritise joy in the creative process.

The programme will conclude in a public sharing (open to an invited audience of friends and family).

During the programme, you'll:

- work directly with Pepa Duarte
- use tools and creative skills based on improvisation technique
- get inspiration from the unexpected and from others
- explore how to find a rich, powerful idea on which to base a theatrical piece
- write from a personal/vulnerable perspective both on the page and in the space
- have a chance to work solo as well as part of an ensemble
- collaborate with your peers to devise a new piece of theatre
- put together a scratch performance for an invited audience

We think you'll:

- gain confidence and playfulness in the creative process
- find a method to identify strong, bold ideas that could become a theatre piece
- have an understanding of how to create with others
- gain an awareness of the possibilities that others offer
- make connections with fellow theatre lovers and theatre-makers, and industry professionals
- take away a set of tools to help you move your creative ideas forward
- gain insights into the workings of an independent theatre company
- discover that theatre can happen ANYWHERE

You'll also get the chance to meet Foreign Affairs co-artistic directors, Camila França & Trine Garrett.



## **the workshops**

Throughout the programme, we'll do different physical warm-ups every session, offering a variety of exercises that you can take away and use in your own practice.

We'll explore and train some basic improvisation skills to have a common language and to take further our ability to propose ideas.

Every session we'll have a composition exercise and time to explore an idea that involves both writing and making in the space.

By our third session, having already explored some ideas and impulses, we'll define and refine the idea that we want to keep developing. Testing it with others and gathering feedback from each other, we'll experiment with ways of putting that idea on stage.

During our 4th session we'll have the chance to deepen the work around these ideas, continuing either solo or gathering others to join in.

We'll share these pieces with a friendly audience in a caring space, investigating how a live room responds to our ideas.



## **your facilitator**

Pepa Duarte is a Peruvian actor, theatre maker and drama facilitator based in London. As a multi-disciplined actor who is 'always writing and always moving' her unique process creates from the performative space and often explores themes of identity, migration, feminism and belonging.

Her work is constantly pushing boundaries to create unique, experiential and challenging pieces responding to the demands of social change.

Pepa's practice has always been accompanied by her love for teaching. She began delivering workshops in improvisation in 2009 and has delivered acting, physical theatre, devising and applied theatre programs ever since. She has had the chance to work with children, young people, adults and professional actors in Lima, Buenos Aires, Berlin and London.

As a theatre maker, her work has been commissioned and supported by Battersea Arts Centre, CASA Festival, Counterpoint Arts, Popelei Theatre, UKNA, Arts Council England, Peruvian Embassy, Theatre Deli, Poplar Union, amongst many others.

### **About Foreign Affairs**

Foreign Affairs is an east London-based theatre company that focuses on translation, international collaboration and exchange, and performance in unconventional spaces.

As an artist-led company, we're committed to sharing our experience and nurturing the next generation of theatre-makers and translators.

We run a range of workshops and training programmes, all rooted in our particular approach to theatre-making, which draws on:

- years of performing in unconventional & community spaces
- work with our multinational ensemble of theatre practitioners
- our focus on translation practice

All of our training activities are offered FREE or on a Pay What You Can basis.



## who is this programme for?

This programme is for you if one or more of these is true:

- you've had some theatre training (practical experience)
- you're passionate about making theatre
- you've done some drama when you were younger
- you have exciting ideas you'd like to share with others
- you're interested in pursuing a career in theatre
- you love the idea of working in a group

Please note that priority will be given to **young people (18-30) living in Hackney**, but we have some spaces allocated for young people outside the borough. So if you live in one of the neighbouring boroughs, you can still apply.

We're keen to hear from applicants from the global majority and/or people who identify as first or second generation im/migrants.

All participants will be offered a travel voucher of £8.00 for each workshop day they attend.

## details & how to apply

### Location

Rose Lipman Building  
43 De Beauvoir Road  
N1 5SQ

Centre 151 (Sat 3 Dec)  
151 Whiston Road  
E2 8GU

### Schedule

Due to the nature of the work, attendance is crucial. Therefore, we ask participants to be available for all the sessions.

- #1 Saturday 19 November 10:30 - 13:30
  - #2 Saturday 26 November 10:30 - 13:30
  - #3 Saturday 3 December 10:30 - 13:30
  - #4 Saturday 10 December 10:30 - 20:30\*
- \*10:30-13:30; 14:30-17:30; 18:30-20:30

*All sessions will include one short break. A light dinner will be provided on Sat 10 Dec.*

### Cost

The programme is FREE to attend.

### How to apply

To apply, please complete our sign-up form (link below).

Applications close at midnight on Wednesday 9 November, but applications are considered on a first come, first served basis until the workshop programme is full, **so don't delay applying**.

[>> sign-up form <<](#)



## what happens next?

**Please note that signing up doesn't guarantee a place.**

Once we've assessed your details, we'll be in touch on **Thursday 10 November** to confirm your place on the programme via email from [maria@foreignaffairs.org.uk](mailto:maria@foreignaffairs.org.uk).

Applications will be assessed by co-artistic directors, Camila França and Trine Garrett, and creative learning coordinator, Maria Laumark.

Once your place has been confirmed, we'll be in touch with further details about the programme.

## contact us

If there's anything that you're unsure of, please don't hesitate to contact Maria as follows:

- on email: [maria@foreignaffairs.org.uk](mailto:maria@foreignaffairs.org.uk) or,
- text/call/WhatsApp: 07478 093 697.

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